

WEBINAR: MENTAL HEALTH FIRST AIDER CERTIFICATION COURSE

**TUESDAY 18, THURSDAY 20, TUESDAY 25 AND THURSDAY 27 APRIL –
09:00 – 13:00**

Webinar details: The platform is **Zoom** and can be viewed on a mobile, tablet, laptop or PC. The link to join will be emailed to you nearer the time. It would be helpful to download Zoom on to your device beforehand - the app is Zoom Cloud Meetings. Please note that it may not be possible to access your video and microphone if you are remote accessing your office computer - you may want to forward the link.

Cost: £250 – Member and Associate Members of BDLS/Trainee Solicitor
£290– Non-Member of BDLS
(Fees are discounted for BDLS – RRP £325)

CPD: 16 hours

We are delighted to offer the new Mental Health First Aider course with MHFA England through Mindcare Training. This is a certificated course which includes a 3 year accreditation with the Department of Health

About the MHFAider course:

- MHFAiders® will gain the knowledge and skills to spot the signs of a person experiencing poor mental health, the confidence to start a conversation and a wealth of tools to signpost to appropriate support.
- When the training ends, a comprehensive package of support will be given to MHFAiders throughout their 3 years certification - so people are confident, empowered, and motivated to carry out the role.
- MHFAiders® will receive automatic 24/7 digital support through the MHFAiders Support App. In the app you will find exclusive resources, ongoing learning opportunities and the benefit of joining England's largest community of trained MHFAiders®
- Mindcare Training also offer quarterly debriefs to allow you to discuss your role in a supportive space.

How the course will be delivered:

- The course will be run online with Louise Larkum (MHFAEngland Instructor and Education professional). For further information visit www.mindcaretraining.com
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- The course consists of 4 x 4-hour sessions online broken up over 4 days.
- The sessions will be interactive, with quizzes, breakouts, and films with lived experience.

Costs and takeaways:

MHFAiders® will receive a learner bundle, which includes:

- A hardcopy workbook
- A digital MHFA manual
- Access to the MHFAider® support package for three years, including:
- The MHFAider Support App®
- Exclusive content and online events
- An MHFAider® lanyard and ALGEE action card

BOOKING FORM

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Please complete and return this slip with your payment by email to office@bournemouthlaw.com

No	Membership Type	Cost
	Solicitor Member	£250
	Associate Member	£250
	Trainee Solicitor	£250
	Non-Member	£290
BACS payment made for		£

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